



NATIONAL ASSOCIATION OF INTERCOLLEGIATE ATHLETICS

CROSS COUNTRY | NATIONAL ASSOCIATION OF INTERCOLLEGIATE ATHLETICS

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CHRISTIAN UNIVERSITY | LUBBOCK | INTERCOLLEGIATE ATHLETICS



LCU CROSS COUNTRY MEDIA GUIDE 2007



TEAM PHOTOS

Ntot Pictured: Jose Vega, Capri Chapa, & Sarah Price



2007 Men's Cross Country Team

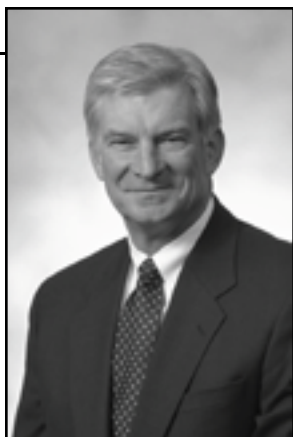


2007 Women's Cross Country Team

Eight Time NAIA Men's Cross Country National Champion



A LETTER FROM THE PRESIDENT



Dear Chap Fan,

It is a pleasure to thank you for being a part of Chaparral Cross Country. We are convinced that our coaches, assistants, and runners are the finest anywhere; they are committed to the mission and values of Lubbock Christian University, and that is why you will see them in vigorous competition exhibiting outstanding character.

The mission of Lubbock Christian University is to “change lives,” and both our runners and coaches experience positive life changes every day, while continuing to grow and mature in a Christian atmosphere.

As always, your support is greatly appreciated. We are proud of the cross country teams that represent our university, and I am sure we are all going to be delighted with our 2007 cross country season and the challenges and rewards it brings.

Sincerely,

L. Ken Jones
President



LUBBOCK
CHRISTIAN
UNIVERSITY

Lubbock Christian University *Mission Statement*

The mission of Lubbock Christian University is to teach students the spiritual dimension of life, provide a quality education, and impart a system of values for living and for service to family, community, and church.



2007 CHAPARRAL CROSS COUNTRY

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2007 CROSS COUNTRY SCHEDULE

NOTE: BOTH MEN'S & WOMEN'S TEAMS TO COMPETE IN ALL EVENTS

Date	Event	Host	Location
August 31st	Buffalo Stampede	West Texas A&M University	Canyon, Texas
September 8th	SRSU Invitational	Sul Ross State University	Alpine, Texas
September 14th	Texas Tech Invitational	Texas Tech University	Lubbock, Texas
September 29th	Cowboy Jamboree	Oklahoma State University	Stillwater, Oklahoma
October 6th	UTPB Invitational	Texas - Permian Basin	Odessa, Texas
October 13th	API / SPC Invitational	South Plains College	Levelland, Texas
November 4th	NAIA Region VI Championships	Oklahoma Baptist University	Shawnee, Oklahoma
November 18th	NAIA National Championships	City of Kenosha	Kenosha, Wisconsin

The Lubbock Christian University Cross Country Media Guide is an official publication of the LCU Athletic Department.

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SEASON PREVIEW

A year ago, when Clyde Neff and James Morris resurrected the Lubbock Christian University cross country program after an eight year hiatus, few knew what to expect. After a season of ups and downs in which LCU finished as high as second and as low as seventh, Neff and Morris now have a better feel for what it takes to be successful in both the Sooner Athletic Conference and the NAIA, and armed with that knowledge and a full year to recruit, Lubbock Christian looks poised to improve in 2007 and begin to recapture a bit of the notoriety the Chaps and Lady Chaps enjoyed throughout the 1990s.

Topping the list of new runners on the men's side is Joshua Katam. A native of Eldoret, Kenya, Katam has the potential to be a national qualifier for the Chaps and enters LCU with a year of experience in both indoor and outdoor track and field, running for South Plains College this past Spring.

Katam will be joined by fellow newcomers Nathan Jenkins, Nathan Lee, and Jose Vega, who are all true freshmen. Jenkins ran for Abilene High, while Lee ran for Midland Christian, and Vega was a part of the 2006 UIL 1A state championship team at Hart High School.

But that is not to say the Chaps are without veteran leadership. Neff and Morris return four lettermen from a year ago, including Adam Arellano, who was LCU's top finisher in every race last year, highlighted by a 9th place finish at the SPC Collegiate Cross Country Festival.

Rene Velasquez, Jacob Herbold, and Trent Gary all likewise ran in 2006 with Velasquez competing four times, and Herbold running three times. Gary also ran in three events, though he officially ran unattached.

On the women's side, sophomore Brittani Borden-Sigle looks to be the returning favorite for the Lady Chaps as she was LCU's top finisher in three events a year ago, including Top 10s at both the ENMU Mike Boit Invitational and the SPC Collegiate Cross Country Festival.

She should be joined at the front by Imma Kosgei, who officially red-shirted in 2006, though she ran unattached four times, finishing 4th at the UTPB Invitational and 8th at SPC. With a year of experience under both of their belts, Borden-Sigle and Kosgei could be potential national qualifiers for Lubbock Christian this season.

That said, fans would do well not to discount team success on the women's side as well. Other returning letter-winners include May Nsabimana and Capri Chapa, who ran in five and four races, respectively, a year ago, and the freshman class will definitely produce scorers.

Seven new faces grace Neff and Morris' women's roster, including Heidi Smith (Ulysses, KS), Jaime Rucker (Paso Robles, CA), Lauren Laudig (Lumberton, TX), Lezli Carney (Sundown, TX), and Lenzi Carney (Sundown, TX). Kathryne Dye (Breckenridge, TX) and Sarah Price (Levelland, TX) could also run for the Lady Chaps this season, though pre-season injuries may force them to red-shirt.



ROSTERS

MEN'S TEAM

Name	Classification	Hometown
Adam Arellano	Sophomore	Sundown, TX
Trent Gary	Junior	Wolfforth, TX
Jacob Herbold	Junior	Andrews, TX
Nathan Jenkins	Sophomore	Abilene, TX
Joshua Katam	Freshman	Eldoret, Kenya
Nathan Lee	Freshman	Midland, TX
Jose Vega	Freshman	Hart, TX
Rene Velasquez	Sophomore	Belton, TX

WOMEN'S TEAM

Name	Classification	Hometown
Brittani Borden-Sigle	Sophomore	Eaton, CO
Lenzi Carney	Freshman	Sundown, TX
Lezli Carney	Freshman	Sundown, TX
Capri Chapa	Sophomore	Slaton, TX
Kathryne Dye	Freshman	Breckenridge, TX
Imma Kosgei	Freshman	Eldoret, Kenya
Lauren Laudig	Freshman	Lumberton, TX
May Nsabimana	Sophomore	Hurst, TX
Sarah Price	Freshman	Levelland, TX
Jaime Rucker	Freshman	Paso Robles, CA
Heidi Smith	Freshman	Ulysses, KS

HEAD COACH CLYDE NEFF



SECOND SEASON

When Lubbock Christian University decided to resurrect its men's and women's cross country programs for the 2006 season, Clyde Neff was a natural choice as head coach.

Already an Associate Professor of Business Administration and Organizational Management at LCU, Neff brought with him over twenty years of experience in cross country and track and field that proved invaluable to a fledgling program in need of credibility and respect.

A long-time national and international track and field official, Neff has an impressive list of appointments on his resume, including the Olympic Games, Goodwill Games, World

University Games, World Masters Championships, and 30 collegiate championships: 20 for the NJCAA, 8 for the NCAA, and 2 for the NAIA.

For his tireless efforts with respect to the NJCAA, and for his long-time relationship with South Plains College cross country / track and field, Neff was inducted into the National Junior College Athletic Association Cross Country / Track and Field Hall of Fame in 1998.

But Neff's resume includes much more than officiating. Prior to coaching at LCU, Neff coached across the street at Lubbock Christian High School, where he led the Lady Eagles to back-to-back TAPPS State Championships in 2004-2005 and 2005-2006, producing eight All-State performers. Prior to that, he served as a coach of the Canyon High School Eagles, leading them to a UIL State Championship berth in 2003-2004.

Neff is currently working on his dissertation at Texas Tech University in pursuit of a Ph.D. in Personal Financial Planning / Consumer Economics. He holds both a Bachelor's of Business Administration and Master's of Business Administration from West Texas State (A&M) University and has likewise done post-graduate work at Oklahoma State University. Prior to teaching at LCU, Neff taught at both South Plains College and Oklahoma Panhandle State University.

Clyde is married to Anita Neff, and they have one son, Alex, who is a sophomore at Lubbock Christian School.





ASSISTANT COACH JAMES MORRIS

SECOND SEASON

James Morris is a 48-year veteran in cross country / track and field.

He began his coaching career in 1959 in Brownfield, Texas where he coached junior high football and track for eight years before moving to the high school level in 1967.

In thirteen years at Brownfield High School, Morris' teams won five Regional Cross Country Championships, and he coached two individual State Champions.

He left Brownfield to enter private business in 1980, and then served as the distance coach for Texas Tech in 1981-82 before taking the reins at South Plains College in June 1982.

In Morris' nineteen years at SPC, a total of 201 Texans and Lady Texans turned in 402 All-American performances. Among those performances were 60 individual National Champions, 13 National Championship Relay teams, and 16 Olympians.

Morris was named the NJCAA Region-5 Cross Country "Coach-of-the-Year" in 1984, 1986, 1989, and 1990. He was named the NJCAA National Cross Country "Coach-of-the-Year" for the first time in 1991, after guiding the Texans to their first-ever National Cross Country Team Championship, and received that honor again in 1994, 1996, and 1997 while winning back-to-back championships in 1996 and 1997. He retired from SPC in 2001, but has served as a volunteer coach of the distance runners since that time.

In recognition of his lifetime of service, Morris was named a 2007 finalist for induction into the Texas Sports Hall of Fame.

Of James Morris, LCU Head Coach Clyde Neff had this to say, "Both as a coach and as a mentor for the students, James offers an incredible amount of leadership in running and spiritual leadership. For many years I have watched James change the lives of people through his strong faith and spiritual maturity. For me to have the opportunity to work with James Morris again will truly be a blessing."



RUNNER PROFILES

ADAM ARELLANO

Sophomore
Sundown, Texas



Last Season for LCU:

In 2006, Adam Arellano was the Chaps' top finisher at all six cross country meets in which LCU competed. His most notable accomplishment was his Top 10 at the SPC Collegiate Cross Country Festival.

In High School:

Arellano was a member of the Sundown High School 2005 state championship cross country team.

2006 LCU Race Results

9/9	UNM	88th	30:24.00
9/15	TTU	46th	29:31.83
10/7	UTPB	15th	30:51.86
10/14	SPC	9th	27:25.87
11/4	SAC	34th	29:37.00

Personal Information

Date of Birth:	June 11th, 1987
Parents:	Mike & Bev Arellano
Siblings:	Thomas, Jessie, Jamee, R.D., Mackenzie, & Elizabeth
High School:	Sundown High School



TRENT GARY

Junior
Wolfforth, Texas

Last Season for LCU:

Trent Gary officially red-shirted for LCU in 2006, though he did run unattached in three events, finishing 13th at the SPC Collegiate Cross Country Festival.

In High School:

Gary won 4 district, one regional, and one state championship at Frenship High School running for coach Rodney Hendrix.

Personal Information

Date of Birth:	August 26th, 1984
Parents:	David & Pam
Siblings:	Tiffany & Heath Gary
High School:	Frenship High School

2006 LCU Race Results

9/15	TTU	51st *	30:37.45
10/7	UTPB	25th *	32:59.51
10/14	SPC	13th *	27:59.28

* Indicates Ran Unattached



RUNNER PROFILES

**JACOB HERBOLD**

Junior
Andrews, Texas

Last Season for LCU:

Competing in three events for Lubbock Christian in 2006, Jacob Herbold posted a Top 20 finish in 19th at the SPC Collegiate Cross Country Festival.

In High School:

Herbold ran two years of varsity track and cross country at Andrews High School in Andrews, Texas for Coaches Dirk Wright and Charla Valenzuela.

Personal Information

Date of Birth: November 14th, 1985
Parents: Steve & Keryn Herbold
Siblings: Joshua & John-Seth
High School: Andrews High School

2006 LCU Race Results

9/15	TTU	54th	31:01.26
10/14	SPC	19th	28:59.05
11/4	SAC	39th	30:09.00

NATHAN JENKINS

Sophomore
Abilene, Texas

**In High School:**

Nathan Jenkins ran track and cross country at Abilene High School for Coach Randy Martin.

Personal Interests:

While not running cross country, Jenkins is often thinking about the sport. His favorite place on campus is the Rhodes-Perrin Field House, the home of Lubbock Christian's 11 National Championships, and his favorite professional athlete is 2007 U.S. Half Marathon national champion Ryan Hall.

Favorite Scripture:

Hebrews 11:1

Now faith is being sure of what we hope for and certain of what we do not see.

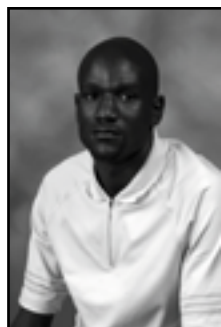
Personal Information

Date of Birth: August 17th, 1987
Parents: Danny & Nelda Jenkins
Siblings: Caleb
High School: Abilene High School

RUNNER PROFILES

JOSHUA KATAM

Freshman
Eldoret, Kenya



In Junior College:

Running for Coach Chris Beene at South Plains College, Joshua Katam competed in the 4 x 800 relay at both the indoor and outdoor NJCAA national championships this past spring, finishing third in the outdoor en route to All-American honors.

Individually, Katam finished second in the 1000 meters at the Texas Tech Invitational this past January.

In High School:

At Kitany High School in Eldoret, Kenya, Katam was a district champion in 2000, the KHS Athlete of the Year in 2002, and the Provisional Champion in 2003 for Coach Robert Ngisirei.

Personal Information

Date of Birth: October 9th, 1986
 Parents: Rael Jesang
 Siblings: Perez, Daniel, Enock, & Agnes
 High School: Kitany High School



NATHAN LEE

Freshman
Midland, Texas

In High School:

Nathan Lee enjoyed a stellar high school career running for Coaches Jack Chambers and Tony Goyang at Midland Christian High School.

With the Mustangs, Lee earned three All-State accolades (two in track and field and one in cross country), and his senior year, he finished second in the 1600 meters at the TAPPS state meet.

Personal Information

Date of Birth: October 28th, 1988
 Parents: Robert & Laura Lee
 Siblings: Michelle, Jessica, & Chris
 High School: Midland Christian School

Personal Interests:

While not running with the Chaps, Lee enjoys playing soccer and keeping up with his favorite professional sports team, the Dallas Cowboys.



RUNNER PROFILES



JOSE VEGA

Freshman
Hart, Texas

In High School:

Jose Vega was a standout performer at Hart High School running for Coach Eric Montemayor. His junior year, Vega finished 3rd in the state in the mile, and as a senior, he placed 4th in the two mile, 5th in cross-country, and 6th in the mile.

He was also a part of Hart High School's 2006 1A Texas state championship cross country team.

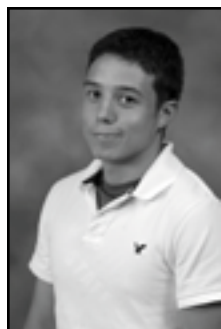
Personal Information

Date of Birth: June 10th, 1988
 Parents: Thomas & Maria Andrea Vega
 Siblings: Homero, Lupita, Sandra, & Laura
 High School: Hart High School

Away from the track, Vega was also quite active academically at HHS. He was vice-president of the National Honor Society, treasurer of the Future Farmers of America, and graduated number three in his class.

RENE VELASQUEZ

Sophomore
Belton, Texas



Last Season for LCU:

In 2006, Rene Velasquez was consistently one of the top two finishers for the Chaps, and he posted a personal collegiate career best 18th place finish at the SPC Collegiate Cross Country Festival.

In High School:

Velasquez ran cross country for Denise Petter at Belton High School.

2006 LCU Race Results

9/9	UNM	95th	31:22.00
10/7	UTPB	22nd	32:24.70
10/14	SPC	18th	28:50.71
11/4	SAC	41st	30:24.00

Personal Information

Date of Birth: September 27th, 1987
 Parents: Tim & Irma Elser
 Siblings: Christina
 High School: Belton High School

RUNNER PROFILES

BRITTANI BORDEN-SIGLE

Sophomore
Eaton, Colorado



Last Season for LCU:

Brittani Borden-Sigle was the top female runner for the Lady Chaps a year ago, finishing first on the team in every event she ran, including a pair of Top 10 finishes at the Mike Boit Invitational at ENMU and the SPC Collegiate Cross Country Festival at South Plains College.

In High School:

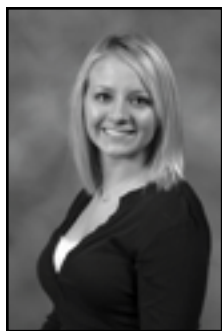
At Eaton High School, Borden-Sigle was a four-time state qualifier in both cross country and track for Coaches Bill Dudley and James Norris.

2006 LCU Race Results

9/1	ENMU	10th	19:28.00
9/9	UNM	38th	25:16.00
9/15	TTU	24th	19:35.65
10/7	UTPB	10th	22:19.00
10/14	SPC	9th	19:58.11
11/4	SAC	24th	20:16.00

Personal Information

Date of Birth:	May 8th, 1988
Spouse:	Jeremy Sigle
Parents:	Mike Borden
Siblings:	Kayla, Kelly, & Andrea
High School:	Eaton High School



LENZI CARNEY

Freshman
Sundown, Texas

In High School:

Lenzi Carney ran both track and cross country for coaches Kenneth Hines and Paul Darden at Sundown High School. In cross country, she won three district and three regional championships between 2003 and 2005 and was a part of two state runner-up squads in 2003 and 2004.

On the track, she won four district titles and two area championships, qualifying for regionals in the 400 meter relay and the 4 x 100.

Personal Information

Date of Birth:	May 10th, 1989
Parents:	Art & Lisa Carney
Siblings:	Michael, Loni, Matthew, & Lezli
High School:	Sundown High School

Personal Interests:

The twin sister of Lezli Carni, Lenzi enjoys power lifting and football while not running for the Lady Chaps.



RUNNER PROFILES



LEZLI CARNEY

Freshman
Sundown, Texas

In High School:

Lezli Carney ran both track and cross country for coaches Kennith Hines and Paul Darden at Sundown High School. In cross country, she won three district and three regional championships between 2003 and 2005, was a part of two state runner-up squads in 2003 and 2004, and won a state title in 2006.

On the track, she won four district titles and two area championships, qualifying for regionals in the 4 x 100 twice, and both the 100 meter dash and the 800 once.

Personal Information

Date of Birth: May 10th, 1989
 Parents: Art & Lisa Carney
 Siblings: Michael, Loni, Matthew, & Lenzi
 High School: Sundown High School

Personal Interests:

The twin sister of Lenzi Carni, Lezli enjoys reading in the SUB while not running for the Lady Chaps.

CAPRI CHAPA

Sophomore
Slaton, Texas



Last Season for LCU:

In 2006, Capri Chapa ran five of six races for the Lady Chaps, finishing a personal collegiate best 13th at the SPC Collegiate Cross Country Festival at South Plains College.

In High School:

Chapa was a well-rounded athlete as a prep, competing in cross country and track and field for Coaches Tiffany Potts and Dale Underwood.

2006 LCU Race Results

9/1	ENMU	64th	24:22.00
9/9	UNM	107th	30:26.00
9/15	TTU	64th	23:43.75
10/14	SPC	13th	20:55.70
11/4	SAC	51st	24:01.00

Personal Information

Date of Birth: April 2nd, 1988
 Parents: Jeff Jones & Dena Miller
 Siblings: Cassie
 High School: Slaton High School

RUNNER PROFILES

KATHRYNE DYE

Freshman
Breckenridge, Texas



In High School:

Kathryne Dye ran for coaches Gail Edwards and Kim Dieterich as a prep at Breckenridge High School in Breckenridge, Texas. While with the Buckaroos, Dye was named the Most Improved Runner and was given the Fighting Heart Award.

Personal Interests:

Kathryne enjoys wandering around Youtube in her spare time, though she also loves college football and never fails to check up on her favorite team, the Texas A&M University Aggies.

Following graduation, Kathryne plans to put her social work degree to use and hopes one day to get married and start a family.

Personal Information

Date of Birth: February 8th, 1989
 Parents: Coby & Laura Dye
 Siblings: Michael & James
 High School: Breckenridge High School



IMMA KOSGEI

Freshman
Eldoret, Kenya

Last Season for LCU:

Imma Kosgei officially red-shirted for the Lady Chaps in 2006, but she did run unattached in four races, earning a pair of Top 10 finishes at the UTPB Invitational and the SPC Collegiate Cross Country Festival.

In High School:

Kosgei was a district champion in the heptathlon as a prep in Eldoret, Kenya.

Personal Information

Date of Birth: August 8th, 1985
 Parents: Paul Kisang & Mirriam Toyoi
 Siblings: Daisy, Willy, Edwin, & Claire
 High School: Njoro High School

2006 LCU Race Results

9/1 ENMU 42nd * 21:15.00
 9/15 TTU 26th * 19:38.00
 10/7 UTPB 5th * 21:12.62
 10/14 SPC 8th * 19:36.40

* Indicates Ran Unattached



RUNNER PROFILES

**LAUREN LAUDIG**

Freshman
Lumberton, Texas

In High School:

Lauren Laudig served as a co-captain for head Coach Dombrosky's Lumberton High School's cross country team in Lumberton, Texas, and at homecoming her senior year, she was crowned the Cross Country Sweetheart.

Personal Interests:

While not running for Coaches Neff and Morris, Lauren enjoys dancing and reading, and her favorite professional team is the Dallas Cowboys.

Personal Information

Date of Birth: May 12th, 1989
Parents: Eddie & Angie Laudig
Siblings: Garret & Tyler
High School: Lumberton High School

Favorite Scripture:

Psalms 46:10

Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth.

MAY NSABIMANA

Sophomore
Hurst, Texas

**Last Season for LCU:**

May Nsabimana competed at every meet for the Lady Chaps in 2006, finishing as high as 10th at the SPC Collegiate Cross Country Festival, though she finished just one place lower at the UTPB Invitational.

In High School:

Running for Coach Tennison at Fossil Ridge High School, Nsabimana was the Panther's Most Valuable Runner.

2006 LCU Race Results

9/1	ENMU	38th	20:59.00
9/9	UNM	76th	27:06.00
9/15	TTU	40th	20:28.10
10/7	UTPB	11th	22:30.18
10/14	SPC	10th	20:20.80
11/4	SAC	34th	21:09.00

Personal Information

Date of Birth: April 17th, 1987
Parents: Jean & Marie Nsabimana
Siblings: Herbert, Alida, Rudapara,
Annique, Adinett, & Vanessa
High School: Fossil Ridge High School

SARAH PRICE

Freshman
Levelland, Texas



In High School:

While running for Coach Frank Barker and the Levelland Lobos, Sarah Price earned a varsity letter her senior year and ran a 14:45 at the South Plains Invitational.

Personal Interests:

Away from the track, Sarah can be found in the SUB reading or watching her favorite team, the Minnesota Vikings, play football, and she also keeps up with professional running as her favorite athlete of all time is Steve Prefontaine.

Favorite Scripture:

1 Timothy 4:12

Don't let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity.

Personal Information

Date of Birth:	July 7th, 1988
Parents:	David & Sylvia Joos
Siblings:	Kristina, Jason, Steven, Naomi, & Cheyenne
High School:	Levelland High School



JAIME RUCKER

Freshman
Paso Robles, California

In High School:

Jaime Rucker competed year-round for Paso Robles High School as a prep. In the fall, she ran cross country for Coach Baca, in the winter she swam, and in the spring, she ran track.

Personal Interests:

Before coming to Lubbock Christian, Jaime attended and graduated from the Adventures in Missions program at the Sunset International Bible Institute after completing a mission trip to Australia.

Personal Information

Date of Birth:	July 26th, 1985
Parents:	Dean & Jeannine Rucker
Siblings:	John & James
High School:	Paso Robles High School

While not running, she enjoys spending time outdoors, and her favorite sport (other than running) is football.



HEIDI SMITH

Freshman

Ulysses, Kansas

In High School:

At Ulysses High School in Ulysses, Kansas, Heidi Smith ran for Coach Georjean Perez. A three-sport athlete, Smith was an MSAA All-League performer in cross country in addition to lettering in both track and tennis.

Away from athletics, Smith was the salutatorian of her class, a member of the National Honor Society, and she served as both the Junior Leadership Senior Representative and a Kansas Music Ambassador.

Personal Information

Date of Birth: September 26th
 Parents: Galen & Penni Smith
 Siblings: Tamara & Derek
 High School: Ulysses High School

Personal Interests:

Heidi enjoys keeping up with the Red Raiders in her spare time, and upon graduation, she hopes to travel Europe before putting her degree in Biology to use.



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2006 MEN'S RACE RESULTS

Lobo Invitational – 8K – September 9th, 2006

University of New Mexico		Team Finish: N/A
88th	Adam Arellano	30:24.00
95th	Rene Velasquez	31:22.00

Red Raider Jackrabbit Open – 8K – September 15th, 2006

Texas Tech University		Team Finish: N/A
46th	Adam Arellano	29:31.83
51st	Trent Gary (Unattached)	30:37.45
54th	Jacob Herbold	31:01.26
62nd	Jared Masood (Unattached)	38:54.71

UTPB Invitational – 8000M – October 7th, 2006

University of Texas of the Permian Basin		Team Finish: N/A
15th	Adam Arellano	30:51.86
22nd	Rene Velasquez	32:24.70
25th	Trent Gary (Unattached)	32:59.51
28th	Jared Masood (Unattached)	39:40.62

SPC Collegiate Cross Country Festival – 8K – October 14th, 2006

South Plains College		Team Finish: 3rd
9th	Adam Arellano	27:25.87
13th	Trent Gary (Unattached)	27:59.28
18th	Rene Velasquez	28:50.71
19th	Jacob Herbold	28:59.05
22nd	Clay Roberts	31:40.16
23rd	Joseph Little	34:11.56
24th	Jared Masood (Unattached)	34:18.56

SAC & NAIA Region VI – 8K – November 4th, 2006

Oklahoma Baptist University		Team Finish: 5th SAC 7th NAIA VI
34th	Adam Arellano	29:37.00
39th	Jacob Herbold	30:09.00
41st	Rene Velasquez	30:24.00
44th	Clay Roberts	32:08.00
49th	Joseph Little	35:22.00





2006 WOMEN'S RACE RESULTS

Mike Boit Invitational – 3 Mile – September 1st, 2006

Eastern New Mexico University		Team Finish: N/A
10th	Brittani Borden	19:28.00
38th	May Nsabimana	20:59.00
42nd	Imma Kosgei (Unattached)	21:15.00
64th	Capri Chapa	24:22.00
67th	Holly Ellington	25:09.00

Lobo Invitational – 6K – September 9th, 2006

University of New Mexico		Team Finish: N/A
38th	Brittani Borden	25:16.00
76th	May Nsabimana	27:06.00
107th	Capri Chapa	30:26.00

Red Raider Jackrabbit Open – 3 Mile – September 15th, 2006

Texas Tech University		Team Finish: N/A
24th	Brittani Borden	19:35.65
26th	Imma Kosgei (Unattached)	19:38.00
40th	May Nsabimana	20:28.10
64th	Capri Chapa	23:43.75

UTPB Invitational – 5K – October 7th, 2006

University of Texas of the Permian Basin		Team Finish: N/A
5th	Imma Kosgei (Unattached)	21:12.62
10th	Brittani Borden	22:19.00
11th	May Nsabimana	22:30.18

SPC Collegiate Cross Country Festival – 5K – October 14th, 2006

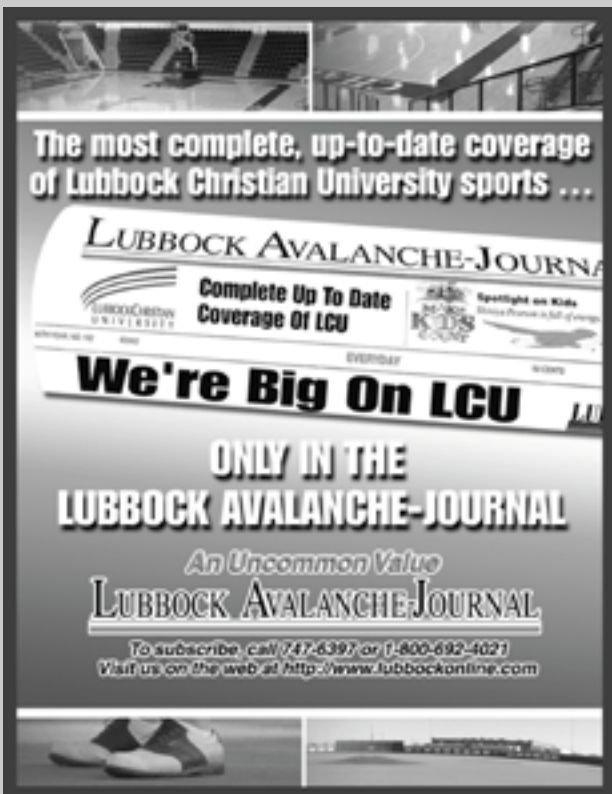
South Plains College		Team Finish: 2nd
8th	Imma Kosgei (Unattached)	19:36.40
9th	Brittani Borden	19:58.11
10th	May Nsabimana	20:20.80
11th	Kayla Sutherland	20:29.74
13th	Capri Chapa	20:55.70
14th	Lauren Chasteen	20:56.49
16th	Kirsten Niehues	21:54.05

SAC & NAIA Region VI – 5K – November 4th, 2006

Oklahoma Baptist University		Team Finish: 5th SAC 7th NAIA VI
24th	Brittani Borden	20:16.00
34th	May Nsabimana	21:09.00
37th	Kayla Sutherland	21:47.00
44th	Lauren Chasteen	22:33.76
51st	Capri Chapa	24:01.00
53rd	Kirsten Niehues	25:02.00



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DISTRICT, CONFERENCE, & NATIONAL CHAMPIONSHIP FINISHES

NAIA District VIII

1975	Men's Cross Country	Runner-up
1976	Men's Cross Country	Runner-up
1977	Men's Cross Country	Champion
1978	Men's Cross Country	Runner-up
1979	Men's Cross Country	Runner-up
1980	Men's Cross Country	Runner-up
1981	Men's Cross Country	Runner-up
1982	Men's Cross Country	Runner-up
1983	Men's Cross Country	Runner-up
1984	Men's Cross Country	Champion
1985	Men's Cross Country	Co-Champion
1986	Men's Cross Country	Champion
1987	Men's Cross Country	Champion
1989	Men's Cross Country	Champion
1990	Men's Cross Country	Champion
1991	Men's Cross Country	Champion
1992	Men's Cross Country	Champion
1993	Men's Cross Country	Champion

Sooner Athletic Conference

1994	Men's Cross Country	Champion
1995	Men's Cross Country	Champion
1996	Men's Cross Country	Champion
1997	Men's Cross Country	Champion
2006	Men's & Women's Cross Country	5th

NAIA National Championships

1977	Men's Cross Country	53rd
1984	Men's Cross Country	29th
1985	Men's Cross Country	21st
1986	Men's Cross Country	29th
1987	Men's Cross Country	18th
1988	Men's Cross Country	16th
1989	Men's Cross Country	11th
1990	Men's Cross Country	Champion
1990	Women's Cross Country	25th
1991	Men's Cross Country	Champion
1992	Men's Cross Country	Champion
1993	Men's Cross Country	Champion
1994	Men's Cross Country	Champion
1995	Men's Cross Country	Champion
1996	Men's Cross Country	Champion
1997	Men's Cross Country	Champion

INDIVIDUAL NATIONAL CHAMPIONSHIP PERFORMANCES

1990	James Bungei	Men's Cross Country	24.07.00
1991	James Bungei	Men's Cross Country	24.07.00
1992	James Bungei	Men's Cross Country	24.52.00
1993	James Bungei	Men's Cross Country	23.37.00
1994	Simeon Sawe	Men's Cross Country	23.42.00
1995	Simeon Sawe	Men's Cross Country	24.22.00

NAIA ALL-AMERICAN SCHOLAR ATHLETES

Year	Runner	Event
1986	Larry Millard	Men's Cross Country
1987	Larry Millard	Men's Cross Country
1988	Larry Millard	Men's Cross Country
1991	Mbarak Hussein	Men's Cross Country
1992	James Bungei	Men's Cross Country
1996	Case Shay	Men's Cross Country

NAIA ALL-AMERICANS

Year	Runner	Event	Finish
1977	Willie Sang	Men's Cross Country	15th
1987	Peter Biwott	Men's Cross Country	24th
1989	David Kogo	Men's Cross Country	4th
1989	Paul Rotich	Men's Cross Country	8th
1990	James Bungei	Men's Cross Country	1st
1990	David Kogo	Men's Cross Country	2nd
1990	Mbarak Hussein	Men's Cross Country	6th
1990	Derek Kite	Men's Cross Country	8th
1990	Paul Rotich	Men's Cross Country	16th
1991	Ruth Hamilton	Women's Cross Country	8th
1991	James Bungei	Men's Cross Country	1st
1991	Mbarak Hussein	Men's Cross Country	2nd
1991	David Kogo	Men's Cross Country	3rd
1991	Derek Kite	Men's Cross Country	9th
1991	Paul Rotich	Men's Cross Country	11th
1992	Ruth Hamilton	Women's Cross Country	6th
1992	James Bungei	Men's Cross Country	1st
1992	Julius Randich	Men's Cross Country	2nd
1992	Derek Kite	Men's Cross Country	7th
1992	Jose Mondragon	Men's Cross Country	11th
1992	David Kogo	Men's Cross Country	12th
1992	Tim Kemei	Men's Cross Country	15th



NAIA ALL-AMERICANS CONTINUED

Year	Runner	Event	Finish
1992	Daniel Mutai	Men's Cross Country	16th
1993	James Bungei	Men's Cross Country	1st
1993	Julius Randich	Men's Cross Country	2nd
1993	Derek Kite	Men's Cross Country	4th
1993	Daniel Mutai	Men's Cross Country	6th
1993	Mike Mamo	Men's Cross Country	11th
1993	Tim Kemei	Men's Cross Country	12th
1994	Simeon Sawe	Men's Cross Country	1st
1994	Julius Randich	Men's Cross Country	2nd
1994	Levis Anyega	Men's Cross Country	4th
1994	Peter Tanui	Men's Cross Country	5th
1994	Peter Ruiz	Men's Cross Country	11th
1994	Tim Kemei	Men's Cross Country	12th
1995	Simeon Sawe	Men's Cross Country	1st
1995	Julius Randich	Men's Cross Country	2nd
1995	Mike Mamo	Men's Cross Country	3rd
1995	Levis Anyega	Men's Cross Country	5th
1995	Peter Tanui	Men's Cross Country	6th
1995	Peter Ruiz	Men's Cross Country	26th
1995	Tim Kemei	Men's Cross Country	28th
1996	Japeth Kirui	Men's Cross Country	4th
1996	James Siele	Men's Cross Country	5th
1996	Simeon Sawe	Men's Cross Country	6th
1996	Mike Mamo	Men's Cross Country	7th
1996	Case Shay	Men's Cross Country	8th
1996	Peter Tanui	Men's Cross Country	11th
1996	Marcos Morillon	Men's Cross Country	12th
1997	Peter Tanui	Men's Cross Country	N/A
1997	Barnabas Menjo	Men's Cross Country	N/A
1997	Marcos Morillon	Men's Cross Country	N/A
1997	Gabriel Rop	Men's Cross Country	N/A
1997	Daniel Kibunge	Men's Cross Country	N/A
1997	Ramon Serratos	Men's Cross Country	N/A
1997	Case Shay	Men's Cross Country	N/A

COACHES HONORS

Year	Coach	Accolade
1991	Darrell Price	NAIA Coach of the Year
1992	Darrell Price	NAIA Coach of the Year
1993	Darrell Price	NAIA Coach of the Year
2001	Darrell Price	NAIA Cross Country Hall of Fame

LCU HALL OF HONOR



Cross Country

Inducted

Alex Torres	1984-1985	1997
Derek Kite	1990-1994	2006
Mbarak Hussein	1989-1992	2007

Athletic Director / Coach

Inducted

Hugh Rhodes	1957-1982	1984
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Coaches

Les Perrin	1959-1967	1991
Larry Rogers	1967-1981	1991
Larry Hays	1971-1986	1991
Miles Watters	1974-1977	1995
Jimmy Shankle	1987-91/00-01	1999
Darrell Price	1988-1999	2000

Baseball

Jesse Benavidez	1972-1974	1989
Tim Leslie	1977-1980	1990
David Bulls	1980-1983	1994
Bob Hinson	1983	1994
Randy Velarde	1982-1985	1995
Steve Coleman	1983-1985	1996
John Harris	1974-1976	1997
Hector Limon	1983-1986	1998

Basketball, Men's

Robert Evans	1965-1966	1990
Rick Russwurm	1971-1975	1990
John Epperson	1970-1972	1993
Jay Sherrard	1959-1960	1993
John Copeland	1968-1972	1994
Curry Blackwell	1985-1989	1996
Vic Self	1981	1997
Jeff Brush	1982-1984	1999

Basketball, Women's

Inducted

Laura Marusich	1983-1986	1991
Darla Jameson	1979-1983	1995
Burgundy Bass	1987-1990	1998

Basketball, Women's Cont.

Inducted

Carol Hise	1990-1994	2000
Dr. Beth Cobb	1993-1997	2006

Fan

Frank Hord	Lifetime	1996
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Football

Guyle Roberson	1980-1983	1990
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Meritorious Service

"Rip" Griffin	Lifetime	2006
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Rodeo

Edd Workman	1960-1961	1990
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Sports Information

Walt McAlexander	1976-1992	1997
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Tennis

Dan Chrane	1968-1969	1990
Emily Foster	1966-1967	1994

Track

Mike Williams	1983-1985	1990
Gary Bowe	1960-1961	1994
Dr. Kyle Smith	1979-1982	1998
Manuel Garcia	1987-1990	2000

Volleyball

Janice Stephenson	1978-1981	1993
Michelle Hinojos	1983-1985	1995
Kari Bezner	1997-1999	2007
Mindy Jones	1997-2000	2007

The Lubbock Christian University Hall of Honor was established to recognize former athletes, former coaches, and other individuals who have contributed meritorious service to the LCU Athletic Program. It is meant to honor those who were outstanding while at LCU and who continue to uphold the ideals and standards that make LCU unique.



ABOUT LUBBOCK CHRISTIAN UNIVERSITY

UNIVERSITY PURPOSE

Lubbock Christian University is an institution of higher learning founded in 1957 by members of the Churches of Christ. To honor its heritage, the University continues to operate in the paradigm of restoring New Testament Christianity. Through its various programs of study, the university strives to prepare men and women for life-long Christian service in the family, church, and community.

The university serves a diverse student body from across the United States and around the world. The board of trustees, the administration, and the faculty believe that the freedom to pursue truth and high academic achievement is compatible with the Christian principles to which the university is committed. The faculty is dedicated to excellence in teaching, scholarship, service, and to their role as models of Christian living. The university community seeks to provide an environment that both supports students and challenges them to critical thinking, an honest and open commitment to truth, and an awareness of their potential service to family, church, and community.

The school is a comprehensive university that grants baccalaureate and masters-level graduate degrees. University programs encourage individual interaction among students, faculty, administrators, and staff members. Faculty and students at LCU work together toward spiritual, social, intellectual, and professional goals in a variety of undergraduate and graduate programs of study.

THE HISTORY OF THE UNIVERSITY

Every institution has a history, and the story of the founding and growth of Lubbock Christian University is a tribute to the sacrifice and dedication of many people. In 1954, the State of Texas approved the operation of a private educational institution that would teach students from kindergarten through graduation from college. Five Christian men from the business and professional community of Lubbock, Paul Sherrod, J.C. Rigney, J.B. McCorkle, W. T. Rogers, and J. Don Baldrige, formed the first board.

This board started an elementary school and after it had operated for three years, the board and supporters started a junior college. Classes began on September 24, 1957, with 16 faculty members and 110 students. Dr. F. W. Mattox was the founding president, Dr. Jack Bates was dean, and Dr. Herman Wilson was registrar. Accreditation came quickly, and the school grew steadily. In 1968, movement toward four-year status began. Accreditation as a senior college came in December 1972. Advancement to university status came in the fall of 1987. In November 1989, the College of Liberal Arts was named for J.E. and Eileen Hancock whose leadership and support were crucial to the development of Lubbock Christian University through most of its history, and in the Spring of 2007, the College of Professional Studies was renamed in honor of former LCC basketball player B. Ward Lane.

Presidents who have led Lubbock Christian University are Dr. F. W. Mattox (1957-1974), Dr. W. Joe Hacker (1974-1976), Dr. Harvie Pruitt (1976-1982), Dr. Steven S. Lemley (1982-1993), and Dr. L. Ken Jones (current president, appointed in 1993).

ABOUT LUBBOCK CHRISTIAN UNIVERSITY

CHARACTER OF THE UNIVERSITY

A comprehensive university prepares men and women for vocations and for productive roles in society. It provides the tools and encourages the proper attitudes for lifelong learning. It illuminates the knowledge of past ages for each generation. On the basis of the mission statement, the values, and the institutional goals, Lubbock Christian University provides the tools and motivation for life-long learning. Joining in the long American tradition of the Christian university, LCU pursues knowledge in many fields: the arts, the sciences, and related areas. At the same time, the primary commitment is to the Christian understanding of life and truth. The university's objective is to help each student develop a philosophy of life in which the personality and teaching of Christ are central.

DISTINCTIVE FEATURES

There are some features about LCU that set it apart from other colleges. Along with academic training, values related to integrity, truthfulness, morality, family, work ethic, respect of people, and respect of property are taught in light of the Bible.

LCU has been named to the Templeton Honor Roll of Character Building Colleges. This honor roll is a listing of schools that encourage the development of strong moral character among students. A unique program of character development was initiated in 1998. Character development is not only a part of campus life and training, but is offered to schools and communities across the US and in many foreign countries. The unique combination of academic training, Christian values, and character training allows graduates to be exceptionally prepared for all walks of life.

STUDENT LIFE

Perhaps the most popular images of university life have more to do with activities outside the classroom than with the academic process. While a university comes into existence around classrooms, teachers, and a library, students are wise to consider the quality of student life at a university along with degree programs.

Traditional college students (between the ages of 18 to 24) are typically at a time in their lives when they begin to firm up their system of values and learn to relate to others. It is this time when people begin to learn who they are, make decisions about vocation and life style, and form relationships that may last a lifetime. The Christian men and women of the faculty and staff strive to provide a solid foundation on which students can make these life-changing decisions.

A growing number of LCU students are "non-traditional" which simply means they are 25 years of age or older. These students have returned to school to finish a degree, equip themselves for career advancement or change, or pursue a graduate degree. The college experience is often a time to reevaluate personal values and goals and set out on a new direction in life.



ATHLETIC DEPARTMENT STAFF

PAUL HISE**ATHLETIC DIRECTOR***Fourth Year*

The 2007-2008 academic year will mark Paul Hise's fourth as Lubbock Christian University's Athletic Director.

In his first year at the helm, Hise saw one of the most successful years of athletics in school history. The LCU volleyball team won its eighth consecutive Sooner Athletic Conference title, the baseball team won its fourth SAC title, and both the men's and women's basketball teams made repeat trips to the NAIA National Tournaments.

In his second year, the Chaps did even better as the volleyball team won yet another SAC title, baseball made its seventh trip to the NAIA World Series (finishing third), and the women's basketball team advanced to the NAIA National Championship game, the farthest any LCU basketball team has ever gone.

A year ago, the Lady Chap Basketball team made its fourth consecutive trip to the NAIA National Tournament after winning the Sooner Athletic Conference regular season title and the Lady Chap golf team advanced to the NAIA National Tournament; both feats are firsts for Lubbock Christian.

Prior to taking over the LCU Athletic Department, Hise had been the head basketball coach at Sweetwater High School in Sweetwater, Texas, where his teams advanced to the Bi-District Championships twice and earned Area and Regional Quarterfinal berths as well. Prior to working in Sweetwater, Hise also held head coaching posts at Lockney and Brownfield, and an assistant coaching position at Abernathy. An LCU basketball player from 1987 to 1991, Hise graduated from LCU with a Bachelor of Science in Education degree certified to teach History and Kinesiology, and has since gone on to complete a Masters of Education in Sports Administration degree from Texas Tech University.

Paul is married to the former Ms. Carol Pendergrass, who played basketball for the Lady Chaps from 1990 to 1994 and was inducted into the LCU Hall of Honor in 2000. They have two daughters: Jordan (12) and Jacey (8).



ATHLETIC DEPARTMENT STAFF



JAKE RINEHART

ASSISTANT ATHLETIC DIRECTOR
SPORTS INFORMATION DIRECTOR

Third Year

Jake Rinehart is now entering his third year as the Assistant Athletic Director / Sports Information Director for Lubbock Christian University. In his first two years, he has worked to promote LCU Athletics with the expansion of the various publications and the launching of a new athletics website: www.lcuchaps.com. For his efforts, Rinehart has been recognized by both the National Association of Intercollegiate Athletics and College Sports Information Directors of America for excellence in publication.

Rinehart played two years of collegiate baseball at Texas Tech University and was a part of the 1997 Big XII championship squad before transferring to Lubbock Christian University, where he completed his Bachelor of Arts in Humanities in 2000. In 2003, Rinehart completed his Master of Arts in English at Southern Methodist University and returned to LCU as an English professor and volunteer baseball coach that fall before moving over to the Athletics Department full time in the summer of 2005.

Jake is married to the former Ms. Jill Peterson, who is a 2000 graduate of Lubbock Christian University, and they have one son, Benjamin Loyd (2).

*Lubbock Christian University
Athletic Department Program Goals*

The Lubbock Christian University athletic program exists to provide a high quality, competitive, balanced program, which supports the mission and values of Lubbock Christian University. The athletic program strives to encourage pride in the university among its students and other constituents and is dedicated to emphasizing the physical, academic, and spiritual gifts of each athlete.



ATHLETIC DEPARTMENT STAFF



Jennifer Lawrence
Head Volleyball



Joyce Foster
Assistant to the
Athletic Director



John Copeland
Head Men's
Basketball



Steve Gomez
Head Women's
Basketball



Trent Phillips
Head
Golf



Gilda Rinehart
Asst. Golf /
Cheerleading



Davis Jones
Asst. Men's
Basketball



Michael Madrid
Asst. Women's
Basketball



Nathan Blackwood
Head Baseball



Bob Fannin
Asst.
Baseball



Jeff Steele
Asst.
Baseball



Shanon Hays
Head
Softball

TRAINING STAFF



DUSTIN DRISKILL

HEAD ATHLETIC TRAINER

Sixth Year

The 2007-2008 academic year marks Driskill's sixth at Lubbock Christian University.

He is a graduate of Texas Tech University, where he received his Bachelor of Science, and a graduate from Texas Tech Health Sciences Center, where he obtained his Master's of Science in Athletic Training.

Dustin serves as the Head Athletic Trainer for the Lubbock Christian University Athletic Department and frequently teaches in the Kinesiology Department. He worked for Covenant Sports Medicine and Plano West Senior High prior to coming to LCU.

Currently, he serves as a clinical supervisor for the Master's of Athletic Training Program at Texas Tech and does contract work for local high schools through University Medical Center's Team Rehab program. He has lived in Texas since 1996 and is originally from Oklahoma.

Dustin is married to the former Dondra Deloach (LCU alumnus) and the couple recently welcomed their first child into the world as Chay Driskill was born on November 2, 2006.



DE'ANDREA ZENN

ASSOCIATE ATHLETIC TRAINER

Second Year

Though she worked for Head Athletic Trainer Dustin Driskill as a graduate assistant from 2005-2007, this academic year will mark De'Andrea Zenn's first as the LCU Associate Athletic Trainer.

She is a graduate of Sam Houston State University where she received her Bachelor of Science Degree in Kinesiology with a minor in Health/Sports Medicine Emphasis.

She is also a graduate from Texas Tech Health Sciences Center, where she obtained her Master's in Athletic Training.

De'Andrea serves as the Associate Athletic Trainer for the Lubbock Christian University Athletic Department, where she will be responsible for LCU Women's Athletics. She worked for Covenant Sports Medicine as a contract athletic trainer prior to coming to LCU.



TEAM PHYSICIANS

JEFFREY D. SMITH, M.D.



Jeffrey Smith graduated Summa Cum Laude with a Bachelor of Science in Biology from Abilene Christian University before attending the Texas Tech School of Medicine where he earned his medical degree. He served his internship and residency, and conducted his family practice training at Texas Tech Health Sciences Center and has served as a member of the TTU Sports Med as a team physician for Idalou High School. Smith has participated in medical missions to Acuna, Mexico and has moved his practice onto the campus of Lubbock Christian University where he sees a variety of patients, including pediatrics, athletics, gynecology, and geriatrics. Originally from Brownwood, Texas, he and his wife, Tiffany, have two children.

KENNETH ALAN STEPHENSON, M.D.



A graduate of Lubbock Christian University, where he was Valedictorian of his graduating class, and the University of Texas Health Science Center of San Antonio, Kenneth Stephenson has received training at the Mayo Clinic of Scottsdale, Arizona, the University of Tennessee-Campbell Clinic, and the Baptist Memorial Hospital of Memphis, Tennessee. He currently serves on the hospital staffs of Covenant Health Systems, University Medical Center, Baylor University Medical Center of Dallas, and the Medical City Hospital of Dallas, in addition to serving as the Orthopedic Editor of the Dallas Medical Journal. A former Chaparral basketball standout, Stephenson earned NAIA Academic All-American honors during his college career, and in 1986, won the Aspri National Scholarship Award given to just one male and one female nationally. He and his wife, Jana, reside in Lubbock, and their three children currently attend Lubbock Christian Schools.

KEVIN CRAWFORD, M.D.



The 2007-2008 academic year will mark Dr. Kevin Crawford's second as a team physician for the Lubbock Christian University Athletic Department, though he has long been associated with both athletics and sports medicine. A graduate of the Southwestern Medical School, Crawford is a Lubbock native, having attended high school at Monterey before doing his undergraduate work at Baylor University. Licensed by the Texas State Board of Medical Examiners, Dr. Crawford is a member of the American Academy of Orthopedic Surgery and both the Texas and American Medical Associations. Prior to arriving at Lubbock Sports Medicine, he worked at Parkland Memorial Hospital, Texas Scottish Rite Hospital for Children, Children's Medical Center of Dallas, and Baylor University Medical Center, among others. Dr. Crawford and his wife Mora currently reside in Lubbock, and they have three children.



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CROSS COUNTRY FACILITIES

Chaparral Ridge Golf Course

Officially begun in the summer of 2005, Chaparral Golf Course sits on the southwest corner of the Lubbock Christian University campus and is the brain child of Mr. Walter Hand.

The nine hole layout measures approximately 6,300 yards for golfers, but there is plenty of tangential area that is utilized by the LCU cross country teams, who take full advantage of the rolling hills and varying terrains during practice.

Rip Griffin Center

The Rip Griffin Center is named after B.R. "Rip" Griffin, a former secretary of the LCU Board of Trustees, whose generous donation of \$500,000, made possible the \$4,200,000, 51,500 square foot facility, which was constructed as part of the \$18.9 million dollar "Cornerstones 2000 Campaign" that helped prepare LCU for continued success in the 21st century.

Officially dedicated on October 9, 2000, the Rip Griffin Center is designed to serve a myriad of purposes at Lubbock Christian University, and it houses LCU's intercollegiate athletic program, top-notch volleyball and basketball courts, coaches offices, locker rooms, a VIP-conference and hospitality room, training room, weight room, concession area, and even an indoor golf hitting facility.

Rhodes-Perrin Fieldhouse

The long time home of cross country / track and field teams, the Rhodes-Perrin Fieldhouse still serves the LCU cross country teams.

The 73,334 square feet of space inside the building is ideal for LCU students, who use it as a recreation center, playing on any of the four full-length basketball courts or working out in the fitness center.



The fieldhouse has also hosted countless indoor track meets, and both students and staff take full advantage of the 200 meter indoor track, especially on cold days.

Prominently displayed on the north wall are eleven cross country / track and field national championship banners, and the lobby features a trophy case dedicated to those programs.



CROSS COUNTRY FACILITIES





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